

Home Remote Vision Testing • Patient Information

A remote video call will be arranged as an appointment to test your vision at home by your eye professional.



You will need to use a smartphone, tablet, PC, or other internet-enabled device with (ZOOM / Teams /) and accept a video call to start the appointment.

You will also need an **eye patch**, **ruler** with millimetres and **tape measure** (*these may have been provided*).

When you receive the call, you must enable video and audio on your device so you can both see and talk to the person.

After the initial conversation, the tester will share their screen onto your device, then ask you to make two careful measurements in millimetres on your screen.



You **must** have your device in **landscape** to make the measurements and to do the vision test.

When the vision test begins you will be asked to move to: **1.5 / 3 / 4 / 5 / 6 metres** away from your screen.

IN ADVANCE of the appointment prepare a suitable testing place and measure the testing distance shown above:

1. Choose a place where you can stand or sit at the required distance, facing your screen at eye level.
2. Make sure there are no reflections on the screen and the lighting is good.
3. Measure the *correct* distance from the screen to your face accurately, as this will affect the test results.

The vision test will display remotely onto the device you are using for the video, and you will still be able to talk to the person testing, but their video will disappear during the vision test.

You will be asked to cover up one eye to test the vision in the other (uncovered) eye.

It is very important that you cover up the correct eye each time. As many people find this confusing, we have provided a helpful [glasses pdf](#) for you to print, cut out and use.

A series of letters or pictures will appear on your screen. Simply follow the verbal instructions and give your answers in the usual way.